



Co-Curricular Friday Enrichment Program

2025



Guildford Grammar School

FOUNDED 1896

Important information

- Use this brochure to help you choose your Friday Activity
- Visit the co-curricular website: www.socscms.com/login/28731/pupil to sign up to your chosen activity
- Sign in as '**Pupil**' - login details are now linked to your Guildford Grammar School email address and password, and should automatically log you in.
- Once logged in, select your Friday Activity by following these steps:
 - Click on '**Activities**'
 - Click on '**Friday Afternoon Activities**' to view the options
 - Click on the '**Add**' button
 - Another window will open and show you any conflicts this activity may cause with other activities already in your calendar (there shouldn't be any). Click on '**Add Activity**' to finalise your selection.
 - You can double check you are signed up for this particular activity by clicking on '**My Calendar**', changing view to '**This Week**', and scrolling ahead to the week of the first session
- Sign up opens on **Sunday 17 November** at noon
- Sign up closes on **Sunday 24 November** at noon
- In the week following closure of sign up, your parents/guardians will be sent a confirmation email containing a link for consent and payment (if applicable) through Consent2Go It is a requirement that consent and payment (if applicable) is submitted prior to you commencing your selected activity.
- If you have any queries, please email the co-curricular team: co-curricular@ggs.wa.edu.au

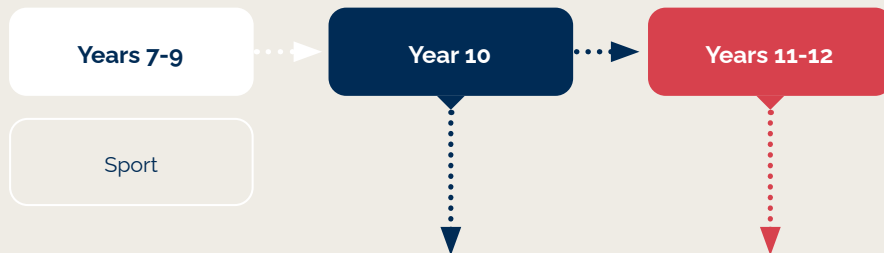
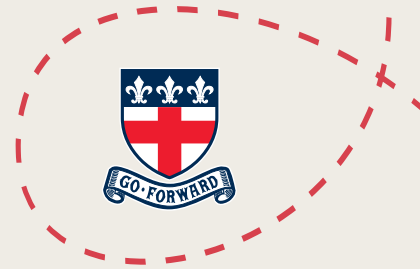
Friday Enrichment Program expectations

- Pick an activity you want to try, practice or are interested in finding out more about - it may be a hidden passion or talent of yours! It is a commitment for the term.
- Sign up as early as possible to get your first preference – some activities are limited in availability.
- You are expected to attend your selected activity each week.
- Activities run from 1:00-3:30pm if offered on campus. For those activities that occur off campus, you must meet at your designated location and time – transport will not wait!
- Have fun and enjoy!



Contents

2025 Co-Curricular Friday Enrichment Program



Years 7-9 → **Year 10** → **Years 11-12**

Sport

Guildford connect.

Guildford Connect is a weekly service-learning program for Year 10 students, where they gain practical skills and contribute to the community through semester-long placements at local organisations.

ADF Cadets

This program offers excellent development opportunities, combining drill with activities like canoeing, rock climbing, survival skills, first aid, and firearms training. Students engage in a variety of outdoor and community-focused experiences.

PAGE 5

Skills Development

Keys 4 Life
The Keys for Life program teaches young people essential driving skills, road safety, and responsible car ownership through practical experiences like workshops, safety sessions, and the P.A.R.T.Y program. Completing the course offers SCASA endorsement, enhancing knowledge and skills for safer driving.

PAGE 5

Sports

Sports Assisting Program
Sports Assisting offers the chance to support coaches with tasks like coaching, scorekeeping, and refereeing, while gaining development opportunities. Badged officials are paid, and others can earn Community Service hours through the GGS Connect program.

PAGE 5

Service Learning

ADF Cadets
Environmentalism
Philosophy Café Junior
Social Enterprise
Foodbank
Kanyana Wildlife Rehabilitation Centre
Thread Together

PAGE 5-9

Wellbeing

Wellstrong
Yoga and Mindfulness
Gymnastics

PAGE 10-11

Arts

Visual Art
Senior Musical Band Rehearsals
Senior Musical Cast Rehearsals

PAGE 12-13

Sports

Sports Development Program

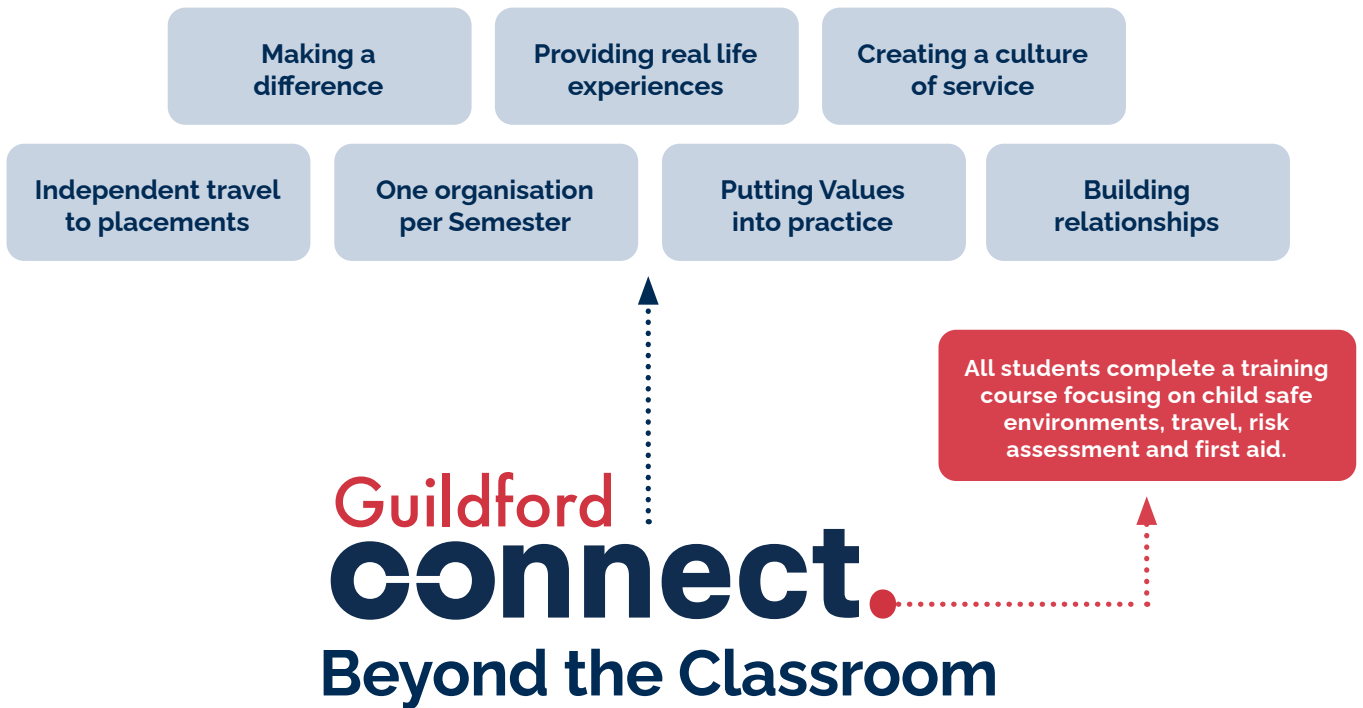
PAGE 14-15

Skills Development

Year 12 WACE Exam Practice (Term 3 only)
Keys for Life ENDORSED
UWA Partnership ENDORSED
Democracy
Life Skills Program
Strategy
Student Voice
Titrations

PAGE 16-19

Year 10



Weekly Service Learning SCSA endorsed program for all Year 10 students

Benefits

- Independent learning: taking the initiative and a sense of responsibility
- Social and cultural education: developing compassion and empathy
- Appreciation of diversity: through meeting new people from a range of backgrounds and cultures
- Communication skills: learning to ask questions and to listen!
- Confidence: experiencing new situations and growing in confidence
- Resilience: learning how to deal with new and challenging situations
- Leadership experience: learning how to support others
- Teamwork: learning to work with others including individuals from the wider community
- Self-awareness: learning about me and my place in the world

Leading towards

- The holistic individual (self-awareness, compassion, appreciation of diversity, sense of responsibility)
- Building resilience
- Using the endorsed course 'C' grade (upon successful completion) towards graduation
- Providing evidence towards a robust graduation portfolio





ADF Cadets

This robust option provides fantastic opportunities for development and growth. As with any Army Cadet Unit, there is an element of drill involved but students can also participate in a range of other activities, including canoeing, rock climbing, abseiling, mountain biking, camping (field craft), field engineering, survival, navigation, community service, first aid, radio procedures, firearms handling and marksmanship.

All uniform and equipment is loaned to Cadets at no cost and there is no additional charge for any of the activities.

Provider:	GGG, Officer Commanding CAPT (AAC) Martin Dell
Age group:	Year 10-12
On/off campus:	On campus
Cost:	No charge

Keys for Life ENDORSED

A driver's license is one of the most valuable privileges anyone can have. With independence and freedom comes responsibility. Young people participating in Keys for Life gain valuable skills, as well as knowledge about road rules, licensing, safer vehicles and safer driving practices. This enhanced program offers a range of practical experiential opportunities including P.A.R.T.Y program, BStreetSmart; RAC parent sessions; visit speakers and car maintenance in our newly refurbished workshop. This course when completed in its entirety is also a SCASA endorsed program.

Provider:	GGG Teaching Staff
Age group:	Year 10
On/off campus:	On campus
Cost:	No charge



Sports Assisting Program

Guildford
connect.

If you would like to assist our staff and coaches in your respective sport on Friday afternoons, this is the activity for you. Your role each week will be determined by the respective staff in charge. Typical roles for sport assistants include assisting with coaching, score keeping and refereeing. If you are a badged official, you will be paid. If not, this activity can provide an opportunity to acquire Community Service hours. The Sports Assisting Program can be undertaken as part of Guildford Connect.

Provider:	GGG Teaching Staff
Age group:	Year 10
On/off campus:	On and off campus
Cost:	No charge

Years 11-12

Service Learning





NEW



Foodbank

Foodbank is a non-for-profit organisation providing food relief to frontline charities and school breakfast programs. To source food and capture donations, Foodbank work with the entire food and grocery industry including farmers, wholesalers, manufacturers, and retailers.

Along with providing food and grocery relief, Foodbank also provide natural disaster relief, advocate, undertake research, and provide education on nutrition and reducing food waste.

To distribute the food, Foodbank work with an army of volunteers to pick, pack and get the food to where it's needed. If you would like to join in the fight against hunger, become involved with Foodbank.

Provider:	Foodbank
Age group:	Year 11-12
On/off campus:	Off campus
Cost:	No charge

NEW

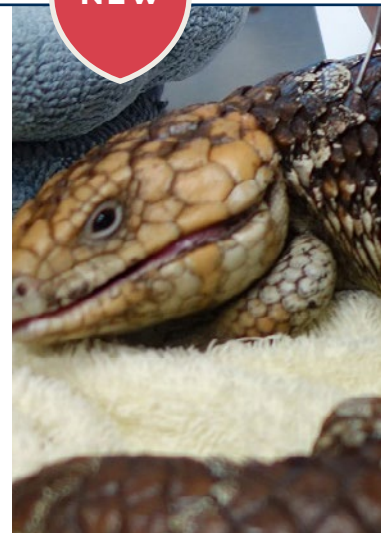
Kanyana Wildlife Rehabilitation Centre

Kanyana Wildlife Rehabilitation Centre is a not-for-profit organisation dedicated to wildlife conservation by:

- Caring for sick, injured, orphaned, and displaced wildlife
- Breeding threatened species
- Training and research
- Educating schools and community.

Kanyana relies on volunteers to operate who work in areas such as the hospital, administration, enrichment, education, and maintenance. Volunteer responsibilities may include care of hospital patients and resident animals, enrichment of animal enclosures, gardening, graphic design, marketing and journalism, grounds maintenance, reception duties, laundry, and food preparation.

Provider:	Kanyana Wildlife Rehabilitation Centre
Age group:	Year 11-12
On/off campus:	Off campus
Cost:	No charge



Service Learning...



Environmentalism

Students engaged in Environmentalism have a passion to make a positive change to our environment. The power of simple practical changes to our day-to-day habits can have the capacity to create global change. Students selecting this activity can join an established project or can create their own mission to decrease our impact.

Previous projects have included Greening Guildford and Swan River canoe cleanup.

Help run our containers for change program, the paper recycling project or create another way for us to minimise our impact, this is fully in your hands.

Provider:	GGs Staff
Age group:	Project specific but run across year 11-12
On/off campus:	On and off campus
Cost:	No charge

Philosophy Café Junior

Students will assist Mr Rogers and Mrs Ray in this specific intergenerational project, developing and implementing a philosophy-based program for our able Year 3-6 students in the Prep School. There is an opportunity to develop and lead activities to foster critical, creative and collaborative thinking for these students and develop personal skills of mentorship, leadership and teaching. This activity will assist those who may be already interested in philosophy, those wishing to increase their knowledge in this area or those who have an interest in teaching as a career.

Provider:	GGs Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	No charge



NEW

Thread Together

From those who have too much, to those who have too little. Thread Together is a registered charity founded in 2012, based on the idea for unsold new clothing to be given to people in need, whilst also protecting the environment by saving these items from landfill. Today, Thread Together clothes thousands of people across the country every week.

To achieve this, Thread Together partner with hundreds of fashion brands, a network of charities & social service agencies, and thousands of volunteers. Community volunteers help to sort, pick, and pack orders for Thread Together's online store. There may also be opportunities to support with the Mobile Wardrobe community visits and with helping clients to select their new wardrobes from their Clothing Hubs.

By volunteering at Thread Together you will be helping people in crisis all over Australia and ensuring that brand new clothing remains in circulation.

Provider:	Anglicare
Age group:	Year 11-12
On/off campus:	Off campus
Cost:	No charge





ADF Cadets

This robust option provides fantastic opportunities for development and growth. As with any Army Cadet Unit, there is an element of drill involved but students can also participate in a range of other activities, including canoeing, rock climbing, abseiling, mountain biking, camping (field craft), field engineering, survival, navigation, community service, first aid, radio procedures, firearms handling and marksmanship.

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Provider:	GGG, Officer Commanding CAPT (AAC) Martin Dell
Age group:	Year 10-12
On/off campus:	On campus
Cost:	No charge

Social enterprise

This service-learning option looks at balancing a business enterprise concept with people at its heart. Students will create and sell goods to fundraise for a local community cause of their choice. Students will set targets and be guided through ways to maximise their sales, creating their own marketing strategies. This project will culminate in a mini-market or selling opportunity of choice. This option will suit students passionate about fundraising in practical ways.

Students are asked to donate \$50 to cover the costs of startup.

Provider:	GGG Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	\$50



Years 11-12

skills
development





Year 12 WACE Exam Practice (Term 3 only)

This activity is available to Year 12 students studying 4 or more ATAR courses. What better way to prepare for your ATAR exams by completing practice written ATAR exams in the actual venue you will be using under exam conditions. Past WACE ATAR exams will be available in all your courses, or you can bring other practice exams as supplied by your teacher. There will be reading time and working time. There will be a set period around 2.10 where you can choose to have up to a 15-minute break outside, but the idea is you're using the time to complete a full or partial exam. These exams will be given to your Year 12 teacher for feedback and return in class. Your WACE exams are worth 50% of the year's mark and added to the weighting of your trial WACE exam, this is a great opportunity to practise the skill that will have the greatest influence on moderating your final score. Take the challenge and sign up to get the time to sit one or two practice exams in all your subjects.

Provider:	GGS Staff
Age group:	Year 12 students studying 4 or more ATAR
On/off campus:	On campus
Cost:	No charge

Titration (Term 1)

Titration is a technique used to determine the concentration of an unknown solution by using a solution with a known concentration. This Friday enrichment opportunity is offered to develop and perfect the analytical skills of Year 11 and Year 12 Chemistry students. This technique and the theory behind it, forms an integral section of the Year 12 Chemistry course and is designated a large percentage of the course mark. Being competent in this technique allows you to perform to a high level, contributing to your potential to achieve excellent results. You will be entrusted with expensive equipment and learn to use this equipment for precise techniques.

Participation in this program prepares students to enter a national competition, The Titration Stakes, run by the RACI group, which has been running for over 30 years. This is a chemical analysis competition designed to encourage with a passion for chemistry, to develop and perfect their analytical skills and to reward those who attain a high level of proficiency.

Provider:	GGS Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	No charge



UWA Partnership (Term 2-4) ENDORSED

Start your university experience early. This exciting partnership with UWA allows our Year 11 students the opportunity to select a robust option to enrich their learning experiences and prepare them for future academic endeavours. This program offers students the chance to explore university-level subjects, providing a 'taster' of courses available at UWA. With several of those courses SCASA endorsed our students have a broad range of micro-credentials to choose from. More information can be found here on the specific course. Students selecting this as an option will be invited to a meeting to finalise their course and ask any questions.

Provider:	UWA
Age group:	Year 11-12
On/off campus:	Online and course dependent might have UWA component
Cost:	\$247.50 (including GST and the 50% partner discount)

Skills Development

NEW

Life Skills Program

Welcome to the GGS Life Skills Program, where students learn real-world, practical skills that will prepare them for life! From managing money and building healthy relationships to cooking, time management, and basic DIY projects, this hands-on program equips students with tools and skills that will support them beyond the classroom.

In Term 1, students will focus on general sewing skills, where they will learn the basics of working with fabric, operating a sewing machine, and mastering simple stitches. Students will create unique products for our school community, adding a personal touch to their work and whilst giving back. This engaging, practical program is designed to boost student's confidence and independence while having fun. If you're ready to grow your skill set and approach life with extra know-how, this program is perfect for you.

Provider:	GGG Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	\$100

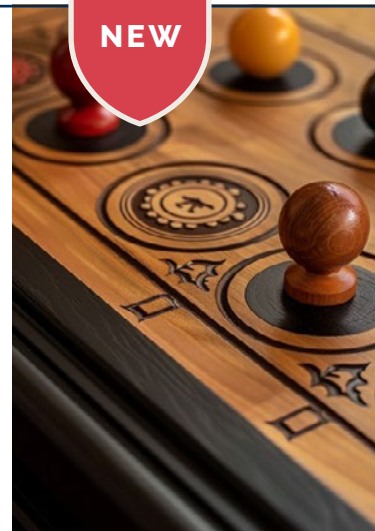


NEW

Strategy

Sharpen your mind while having a blast! Dive into games that challenge you to think critically, plan ahead, and make creative decisions under pressure. Whether its Dungeons and Dragons, Master of Strategy, chess, board games, or digital strategy challenges, students will develop skills such as teamwork, strategic thinking, and problem solving. Students will be led by knowledgeable GGS staff as they compete in friendly matches and discover the thrill of outsmarting their opponent. Perfect for future leaders, debaters, or anyone who loves a good mental workout.

Provider:	GGG Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	No charge



Student Voice

Collaborate with GGS staff to produce and collate creative content each week that develops enjoyable, innovative and informative communications to showcase our community. Understand the importance in using our voice to help support positive outcomes. Students who have an interest in journalism, photography, artistic design or engaging with the written word to promote change should select this option.

Provider:	GGG Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	No charge





Democracy

Mock Trial Term 1 and 2 (and Term 3 if make finals)

The Law Society of WA coordinates an interschool Mock Trial competition each year for students enrolled in Year 10-12. A mock trial is a simulated court case in which teams contest a fictitious legal matter presented in the WA court system. The cases are presented by two teams – a prosecution/plaintiff team and a defense/defendant team – made up of students playing the roles of barristers, solicitors, witnesses and court officials. The Mock Trial Competition provides students with an opportunity to learn valuable skills in research and in the development and presentation of a persuasive argument. Teams consist of 2 x barristers, 2 x witnesses, 1 x instructing solicitor, 1 x court orderly or judge's associate/magistrate's clerk and 2 x reserves.

Model UN – Term 3

Model United Nations debate simulates a session in the UN Security Council Chamber. In teams of 2 students are assigned a country and a resolution on which to prepare their debate from the standpoint of that country.

This competition provides an opportunity for our students to compete against other likeminded peers developing their public speaking and negotiation skills.

Public Speaking

Step up to the mic with confidence! Learn to express yourself clearly, command an audience, and overcome the nerves that come with public speaking. Through fun activities, speech practice, and supportive feedback, you'll develop skills that will assist you throughout your schooling and beyond. Whether you're passionate about debating, want to improve your presentation skills, or just want to feel more confident speaking up, this Friday Enrichment selection is for you.

Debating

Are you ready to stand up, speak out, and make your case? This Friday Enrichment option will sharpen your critical thinking, teach the art of persuasion, and allow you to tackle big issues with confidence. Whether you're passionate about current events, enjoy a challenge, or just want to improve your speaking skills, debating offers a supportive environment for you to develop your voice. Compete in friendly debates, learn to think on your feet, and become a powerful communicator.

Provider:	GGs Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	No charge



Years 11-12

Sports



2025 CO-CURRICULAR FRIDAY ACTIVITIES



Sports Development program

Sports Development Programs (Year 11-12)

These Sports specific programs are designed for 1st team and aspirant 1st team students in their respective sports. A range of winter and summer sports options are available each term. Students who are interested in learning more about their chosen sport, the strategy and tactics, review process and how to underpin strength and conditioning specific to their sport should choose one of these options.

Provider:	GGS Teaching Staff
Age group:	Year 11-12
On/off campus:	On and off campus
Cost:	No charge

Years 11-12



Wellbeing





Wellstrong

We have partnered with Wellstrong, a local business who at their core work with people to incorporate movement as foundational part of health and wellbeing. This program has been designed specifically for our students and is delivered at their private boutique gym. The program is designed to promote physical fitness, improve coordination and for students to learn how to optimize health outcomes in a safe and enjoyable gym environment.

Provider:	Wellstrong- boutique gym behind Padbury's
Age group:	Year 11-12
On/off campus:	Off campus
Cost:	\$330 Term 1

Yoga and Mindfulness

Awakening the flow of creative energy and self-expression through yoga, movement, connection games, improvisation and relaxation techniques.

Assisting students to learn gentle stretching to help with greater movement range, find focus and inner strength through visualization and relaxation.

Provider:	Ms Claire Pianta, Common Earth Studio
Age group:	Year 11-12
On/off campus:	Off campus
Cost:	\$220 Term 1



NEW



Gymnastics

Develop your inner gymnast and learn skills to impress your friends. This Friday Enrichment Program run by Mr Lumbus is designed for you to physically challenge yourself. Learn to surprise yourself and your capacity to do awesome things through goal setting, focus and persistence. No previous gymnastics experience necessary but be ready to run, jump, flip and roll!

Provider:	Mr Lumbus and external coaches
Age group:	Year 11-12
On/off campus:	Off campus
Cost:	\$150

Years 11-12

Arts





NEW



Visual Art

The Visual Arts Co-Curricular Program offers students an opportunity to expand their artistic skills and develop a diverse portfolio. Through hands-on exploration of various media, students will delve into ceramics (both hand-building and wheel throwing), plein air painting (painting outdoors, on the spot), landscape art, figurative drawing, and portraiture, and printmaking. The program also includes a variety of engaging incursions and excursions, designed to inspire creativity and deepen students' understanding of art across different contexts. This is a perfect choice for students eager to challenge themselves and grow as artists in a supportive and enriching environment.

Provider:	GGS Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	\$100

Senior Musical Cast Rehearsals (Term 2)

This Friday Enrichment selection is for students who have successfully auditioned and been cast in the 2025 GGS Senior Musical. Students will use this allocated time to rehearse under the direction of the GGS drama department in the lead up to the 2025 production.

Provider:	GGS Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	No charge



Senior Musical Band Rehearsals (Term 1 and 2)

This Friday Enrichment selection is for students who have successfully auditioned and been cast in the 2025 GGS Senior Musical Band. Students will use this allocated time to rehearse under the direction of the GGS music department in the lead up to the 2025 production.

Provider:	GGS Staff
Age group:	Year 11-12
On/off campus:	On campus
Cost:	No charge



Guildford Grammar School

FOUNDED 1896

**Our Vision. Our Future.
Belonging for a lifetime.**

Guildford Grammar School respectfully acknowledge the past and present Traditional Owners and Custodians of the Land on which we stand, the Whadjuk Noongar people.

www.ggs.wa.edu.au