



8 Top Tips Remote Learning for Parents



1

Take an interest in your child's learning

Remote learning will be new to your child and it may take some time for them to adapt. Show an interest in what they are doing and try to help out if you can.

2

Set up a daily schedule

Your child may view learning from home as an opportunity to relax and be less focused on study. Help them work on a daily schedule to keep them focused on their daily study.

3

Have the learning device in an open space at home

Consider where the laptop or device is set up. Try to keep devices and study out of bedrooms.

4

Stay in touch with teachers

Our teachers are here to help, so as a parent, please maintain regular contact with them. As well as emailing the relevant subject teachers, some helpful additional contacts are at the bottom of the page.

5

Monitor your child's online activity

Remind your child that the same expectations apply at home, as at school. Remind them to be polite in their interactions with teachers and other students and not to post negative comments in the forums.

6

Encourage screen breaks

Your child will be spending more time in front of a screen than they would at school, so remind them to take regular breaks away from their device, and to get some fresh air.

7

Install safety and privacy apps

Students' devices are monitored while they are on the school campus, but you should install your own security apps on your devices at home.

8

Monitor your child's wellbeing and mental health

Your child may miss their regular interactions with their friends and teachers and may feel isolated. Check in with them regularly to see how they are feeling and encourage them to get outside or away from their device as much as possible. Remote learning may seem fun at first, but the lack of social interaction with their friends may take a toll.

Further information:

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