



Guildford Grammar School

FOUNDED 1896

23 September 2020

Dear Parents/Guardians

We are seeking expressions of interest from Year 4, 5 and 6 students wishing to participate in the up-coming School Sport Western Australia Primary Schools Triathlon Championships at Champion Lakes on **Friday, 6 November 2020**.

The Schools Triathlon is a team event consisting of 3 legs; 200-metre swim, 6km bike ride and a 2km run. Student selection will be based on ability and although we endeavour to ensure each child gets to participate in their chosen leg, they may be required to compete in a different leg due to numbers and team balance. There is also an opportunity for students to compete as individuals in an Aquathlon (Swim and Run).

As a part of the preparation for the Triathlon, training sessions will take place over the first few weeks of Term 4 leading up to the event. Training attendance in your preferred leg is a requirement to attend the event.

Swim Sessions: with the GGPS Swim Squad on Monday, Wednesday and Friday Mornings – 7.00 – 7.45am.

Run Sessions: Wednesday mornings - 7:15 - 8:00am.

Cycle Sessions: Thursday Mornings - 7:15 - 8:00am.

Students will be required to wear sports gear suitable for participation in the session and bring their school clothes to change into after the session.

To register your child's interest please complete the online form at the following link:

[Registration Link](#)

Kind Regards,

Mr. Daniel Griffiths
PREPARATORY SPORTS COORDINATOR
Prep.sport@ggs.wa.edu.au

