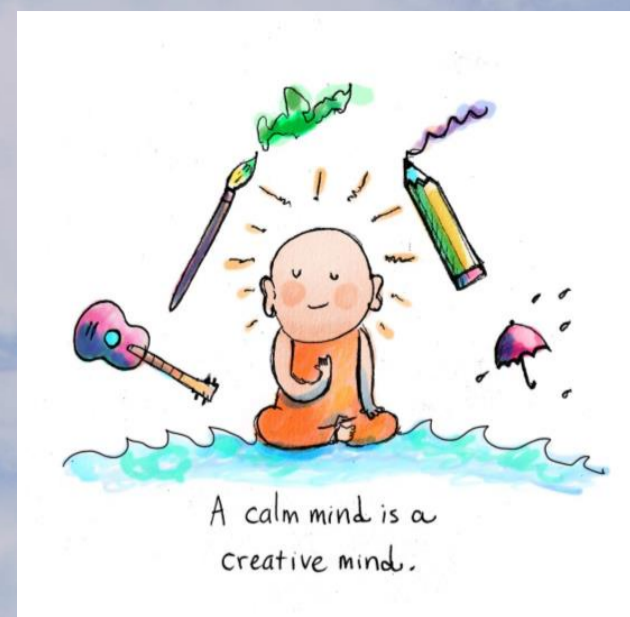


# MINDFUL MILO MORNINGS

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Start the day with yoga, reading and calm colouring while we explore the many tools that will help our mind SMILE! Top the morning off with a warm cup of Milo!

**Open to students in Years 3 – 6!**

Registrations will open via the Club sign up option.

Tuesday mornings in the library!  
7.40am – 8.10am