



# Guildford Grammar School Menu

**WEEK 4**

**TERM 4**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.00 - 8.10	<b>BREAKFAST</b>						
<b>Daily Continental Breakfast:-</b> Selection of Cereals, Fresh Fruit, Fruit Compotes, Fruit Juice, Toast, Muffins, Crumpets, Breads, Spreads & Hot Beverages							
<b>BREAKFAST</b>	Scrambled Egg, Bacon, Baked beans	Fried Egg, Sausage, Hash brown	Scrambled Egg, Bacon, Baked beans	Fried Egg, Sausage, Hash brown	Scrambled Egg, Bacon, Baked beans	Full Breakfast	Full Breakfast
11.10 - 11.30	<b>MORNING TEA</b>						
<b>MORNING TEA</b>	Pizza roll	Homemade Cake	Savory slice	Assorted Sandwiches	Fresh muffin		
12.15 - 13.15	<b>LUNCH</b>						
<b>1st Choice</b>	Teriyaki chicken wings	Lamb pitta pockets	Pizza	American Style BBQ Pork Ribs	Chicken burger	Chicken burrito	Meatball Sub
<b>2nd Choice</b>	Fry rice	Sweet potatoes		Baked Wedges & Slaw	Fries	Asian vegetables & fried noodles	Wedges
<b>VEGETARIAN</b>	Pasta & Sauce	Pasta		Pasta & Sauce	Pasta Bake		
<b>SALAD BAR SANDWICH</b>	<b>Tossed Garden Salad Daily</b> <b>Sandwich Bar:-</b> Selection of Breads, including White, Wholemeal, Multigrain & Pitta. Choice of Fresh and Continental Meats, Chicken, Cheese and Salad Accompaniments <b>Selection of Whole and Cut Fresh Fruits in Season</b>						Served with a
<b>AFTERNOON TEA &amp; SUPPER</b>							
17.30 - 18.15	<b>DINNER</b>						
<b>MAIN</b>	Pork chops	Braised Steak With Steamed Buttered Potatoes	Veal Schnitzel, Fried wholegrain Mustard Potatoes & Sauerkraut	Chicken Parmi	Crumbed chicken tenders, bbq wings, sweet chilli drum with potato wedges		Roast Pork
<b>2nd CHOICE</b>	Pasta bake	Penne Pasta With Arrabiata Sauce	Roast Chicken	Pasta & Sauce		BBQ	Roast Beef
<b>SIDE DISH</b>	Roast potatoes and vegetables	Steamed Carrots & Green Beans	Roasted vegetables	Herby Diced Potato			Roast Potatoes Cauliflower Cheese Garden Peas
<b>DAILY:- Selection Of fresh Salads -- Selection of Whole and Cut Fruits - Fresh Bread Selection</b>							
<b>DESSERT</b>	Ice Cream	Jelly Cups With Fruits And Cream	Oreo Cheesecake	Apple & Rhubarb Strudel	Pavlova	Ice Cream	Apple & Cinnamon Cake

Vegetables and Desserts are suggestive only and may change depending on seasonal supply availability. Fresh Fruit available daily at each service







