



# Guildford Grammar School Menu 2021

WEEK 1 TERM 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.00 - 8.10	<b>BREAKFAST</b>						
<b>Daily Continental Breakfast:-</b> Selection of Cereals, Fresh Fruit, Fruit Compotes, Fruit Juice, Toast, Muffins, Crumpets, Breads, Spreads & Hot Beverages							
<b>BREAKFAST</b>	Scrambled Egg, Bacon, Baked beans, Pancakes	Fried Egg, Sausage, Hash brown, Waffles	Scrambled Egg, Bacon, Baked beans, Pancakes	Fried Egg, Sausage, Hash brown, Waffles	Scrambled Egg, Bacon, Baked beans, Pancakes	Full Breakfast	Full Breakfast
11.10 - 11.30	<b>MORNING TEA</b>						
<b>MORNING TEA</b>	Toasted sandwich	Sausage roll	cake	Fresh sandwiches	Fresh Muffin		
12.15 - 13.15	<b>LUNCH</b>						
<b>1st Choice</b>	Chicken & Chorizo Risotto	Beef Nachos	Teriyaki chicken	Pizza	Chicken burger	Lamb kofta with rice	Beef Burrito
<b>2nd Choice</b>	Mediterranean veg	Veg nachos	Fragrant rice/Asian steam greens	Pizza	Fries	Vegetable	Spicy Wedges
<b>VEGETARIAN</b>	Creamy spinach mushroom pasta	Fresh pasta and sauce	Pasta bake	Pizza	Pasta		
<b>SALAD BAR SANDWICH</b>	<b>Tossed Garden Salad Daily</b> <b>Sandwich Bar:-</b> Selection of Breads, including White, Wholemeal, Multigrain & Pitta. Served with a Choice of Fresh and Continental Meats, Chicken, Cheese and Salad Accompaniments <b>Selection of Whole and Cut Fresh Fruits in Season</b>						
	<b>AFTERNOON TEA &amp; SUPPER</b>						
17.30 - 18.15	<b>DINNER</b>						
<b>MAIN</b>	Spaghetti Bolognese	Butter chicken	Pork belly with roasted apples	Sweet Chilli Chicken Stir Fry	Beef Singapore noodles	Cajun Chicken	Garlic & Rosemary Roasted Lamb
<b>2nd CHOICE</b>	fish with new potatoes	Pasta Bake	Beef steak	Pasta	Pasta	Nasi Goreng	Thyme Roasted Chicken
<b>SIDE DISH</b>	Garlic bread	Coriander Rice	Roasted vegetables	Coconut & Lemon Grass Infused Rice		Buttered Corn Kernels	Seasonal Vegetables
			Mash potato		Asian vegetables		
<b>DAILY:- Selection Of Fresh Salads -- Selection of Whole and Cut Fruits - Fresh Bread Selection</b>							
<b>DESSERT</b>	Syrup Sponge & Custard	Churros	Lemon Meringue Pie	Ice cream	Tiramisu	Ice Cream Bar	Panacotta

Vegetables and Desserts are suggestive only and may change depending on seasonal supply availability. Fresh Fruit available daily at each service







