

# Guildford Grammar School **MENU** Week FOUR 2020 Term 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.00 – 8.10	<b>BREAKFAST</b>						
<b>BREAKFAST</b>	<b>Daily Continental Breakfast:</b> Selection of cereals, fresh fruit, fruit compotes, fruit juice, toast, muffins, crumpets, breads, spreads and hot beverages						
	Scrambled egg, bacon, baked beans or waffles and pikelets	Fried egg, sausage, hash brown or pikelets and waffles	Scrambled egg, bacon, baked beans or waffles and pikelets	Fried egg, sausage, hash brown or pikelets and waffles	Scrambled egg, bacon, baked beans or waffles and pikelets	Egg and bacon roll or breakfast wrap	Full breakfast or waffles
11.10 - 11.30	<b>MORNING TEA (Whole fresh fruit platter or fruit salad)</b>						
<b>MORNING TEA</b>	Chicken wrap or yoghurt and fruit	Filled croissant or fresh fruit salad	Soup of the day	Homemade cake or flavoured yoghurt and granola	Filled baguette or fruit and muesli bar		
12.15pm – 13.15	<b>LUNCH</b>						
Main	French style chicken and potato one pot	Beef burritos	Chicken pesto pasta	Pulled pork poutine with oven baked wedged topped with caramelized capsicum and red onion	Bacon and cheese burger, seasoned fried and accompaniments	Chicken and cheese panini	Greek lamb pitta pockets
Vegetarian	Macaroni cheese	Vegetable and bean burrito	Stuffed potatoes	Farfalle with spinach, mushroom and caramelised onion	Crispy chickpea burger with beetroot relish and dill sour cream	Filled pasta	Vegetable noddle stir fry
<b>Salad Bar</b>	<b>Tossed garden salad daily - selection of whole and cut fresh fruit in season -- Sandwich Bar:</b> Selection of breads, including white, whole meal, multigrain and pitta. Served with a choice of fresh and continental meats, chicken, cheese and salad accompaniments.						
	<b>AFTERNOON TEA &amp; SUPPER (Supplied to Boarding Houses)</b>						
17.30 – 18.15	<b>DINNER</b>						
MAIN	Minted lamb chop, herby diced potatoes and buttered peas	Western fried buttermilk chicken and sweet potato fries	Sliced pork roast with sautéed leeks, kale and roasted garlic	Chicken parmi, oven baked wedges and buttered corn	Lemon and chicken orzo	Spaghetti bolognaise	Roast topside beef, creamy baked thyme potatoes, honey glazed carrots and garden peas
2 <sup>nd</sup> Choice	Braised beef	Mexican pasta bake topped with guacamole and sour cream	Chicken supreme and garlic sauce with roasted baby potatoes	Beef Madras with coriander rice and onion bhaji	Grilled beef steak with garlic and herb butter	Chicken carbonara	Roast pork and crackle
Vegetarian	Gnocchi	Fully loaded corn chips	Leek and potato bake	Chickpea and pumpkin curry	Crispy zucchini fritters	Tomato linguini	Bread crumbed, filled mushrooms
	<b>DAILY - Selection of fresh salads, whole and cut fruits and fresh bread selection</b>						
<b>DESSERT</b>	New York cheesecake	Ding Dong cake	Tangerine drizzle cake	Caramel slice	Milky Way poke cake	Toffee apple cake	Ice cream bar