

Guildford Grammar School **MENU** Week ONE 2020 Term 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.00 – 8.10	BREAKFAST						
BREAKFAST	Daily Continental Breakfast: Selection of cereals, fresh fruit, fruit compotes, fruit juice, toast, muffins, crumpets, breads, spreads and hot beverages						
	Scrambled egg, bacon, baked beans or waffles and pikelets	Fried egg, sausage, hash brown or pikelets and waffles	Scrambled egg, bacon, baked beans or waffles and pikelets	Fried egg, sausage, hash brown or pikelets and waffles	Scrambled egg, bacon, baked beans or waffles and pikelets	Egg and bacon roll or breakfast wrap	Full breakfast or waffles
11.10 - 11.30	MORNING TEA (Whole fresh fruit platter or fruit salad)						
MORNING TEA	Chunky cookie and whole milk	Ham and cheese scroll	Soup of the day	Sandwich selection	Bacon roll		
12.15pm – 13.15	LUNCH						
Main	Sali Murghi chicken curry, steamed basmati rice and steamed green beans	Mince beef and onion pie, creamed potatoes and sautéed cabbage	Sticky Char Su Pork and Hokkien noodles	Margherita pizza, Hawaiian pizza, Mexican beef-barbeque pizza	Battered fish served with lemon wedge, chips, peas and tartare sauce	Pulled pork slider burgers with Asian slaw and fried onion rings	Beef burrito served with buttered corn cobs and lime dressed leaves
Vegetarian	Pasta carbonara	Mushroom risotto	Crispy jacket potatoes with various fillings		Pasta with tomato and basil sauce	Plant based vegan burger	Vegetable burrito
Salad Bar	Tossed garden salad daily - selection of whole and cut fresh fruit in season -- Sandwich Bar: Selection of breads, including white, whole meal, multigrain and pitta. Served with a choice of fresh and continental meats, chicken, cheese and salad accompaniments.						
	AFTERNOON TEA & SUPPER (Supplied to Boarding Houses)						
17.30 – 18.15	DINNER						
MAIN	Spaghetti Bolognese, garlic bread and buttered cord	Roasted chicken breast with cream, bacon and spinach sauce	Mustard pork chops, creamy potatoes, broccolini and roasted pumpkin	Singapore style chicken noodle stir fry	Buttermilk fried chicken wings with game chips, slaw and corn cobs	Swedish meatballs, mashed potato and broccolini	Roast lamb, roasted pumpkin and sweet potato medley
2 nd Choice	Lamb hot pot	Spicy aribiatta and chorizo pasta bake	Porterhouse steak	Pasta	Creamy parmesan gnocchi	Nasi Goreng	Roast chicken with thyme potatoes and garden peas
Vegetarian	Spinach and mushroom risotto	Bean and lentil chili	Vegetable filled zucchini	Vegetable stir fry	Vegi balls and spaghetti	Creamy mushroom pasta	Stuffed peppers
	DAILY - Selection of fresh salads, whole and cut fruits and fresh bread selection						
DESSERT	Apple tartan with vanilla ice cream	Sticky date pudding and fresh cream	Strawberry and rhubarb crumble and custard	Sticky banana fritters	Churros and chocolate sauce and chocolate ice cream	Tiramisu	Panacotta